

# Understanding Attachment & Trauma Informed Care (TIC) with Children & Adolescents



## 2 Day Specialist Training for Multi-Agency Professionals & Carers

This 2 Day Training Course on Attachment and Trauma Informed Care is for multi-disciplinary professionals and carers who are passionate about supporting vulnerable/at risk children and adolescents who have insecure attachments and have suffered past trauma, abuse and neglect. The 2 day training programme will equip multi agency professionals and carers with specialist knowledge, understanding, skills, and confidence in the field of attachment and trauma, and 'Attachment and Trauma Informed Care'.

### The 2 day training will cover some of the following key areas:

- Understanding of attachment, attachment behaviours and the Internal Working Model (IWM) of vulnerable children and adolescents
- How insecure attachment 'develops and impacts on brain development, mental health, relationships and transmits in cycles—from 1 generation to the next
- The short and long-term impact of trauma and ACES (Adverse Childhood Experiences) on children and adolescents
- Understanding the significant impact and trauma of separation and loss
- The importance of Therapeutic Parenting and Attachment Informed Care in helping children and adolescents move on from trauma and abuse
- Need for Trauma Informed Care (TIC) for Staff and Organisations.
- Understanding the impact of Trauma and effectiveness of Trauma Informed Care in healing and supporting vulnerable children and adolescents
- Provision of Attachment and Trauma-Informed Care Toolkit and Resources

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